



HOW TO MEASURE SIZE CHARTS

Unisex Knits

A+ garments are made for comfort and ease of movement. If you're not sure what size to order, take some measurements and use our size charts to find the right fit. For both boys and girls, we recommend measuring over the undergarments, not over other clothing. Wrap a tape measure comfortably around your body; don't make it too tight.

The fit and comfort of any garment will depend on personal preferences, so these size charts are simply a guide. If you have any questions about sizing please call your dedicated customer service representative at 800-227-3215. We'll be happy to answer your questions.

Neck
Measure around the lower part of neck.

Chest/Bust
Measure around the shoulder blades and the fullest part of your chest, keeping the arms comfortably at your sides.

Waist
Measure around the natural waistline (for boys, just below the navel).

Sleeve Length
Measure from the center of the back of the neck, over the top of the shoulder, and down to wrist. Keeping arms comfortably at sides.

Inseam
Take this measurement from a nice-fitting pair of pants of a similar style. Measure the garment inseam from the crotch seam to the hem.

Note: All measurements are in inches

Unisex Knits - Youth & Adult												
Size	YXXS 3-4	YXS 5-6	YS 7-8	YM 10-12	YL 14-16	YXL 18-20	Adult S	Adult M	Adult L	Adult XL	Adult 2XL	Adult 3XL
Neck	12	12	12	14	14	14	15	15	16	16	18	18
Chest	25	27	29	32	36	38	38	42	46	50	54	58
Long Sleeve	20 ³ / ₈	22	23 ³ / ₄	26 ⁷ / ₈	30 ¹ / ₂	33 ¹ / ₄	34 ¹ / ₂	36	37 ¹ / ₂	39	40 ¹ / ₂	41
Short Sleeve	11 ¹ / ₂	12 ¹ / ₄	14 ¹ / ₄	15 ¹ / ₂	16 ¹ / ₂	17 ³ / ₄	19 ³ / ₄	20 ¹ / ₂	21 ¹ / ₄	22	22 ³ / ₄	23

Unisex Knits - Toddler		
Size	2T	3T
Chest	12 ¹ / ₄	12 ³ / ₄
Arm	10	11